

Workforce Nutrition:

How workplaces become a powerful platform to improve nutrition, health, and economic opportunity

Why workplaces?



One in three people are malnourished



The global working population spend at least **one third of their adult lives** at work.

Workforce Nutrition helps employers and supply-chain actors **provide nutritious food and practical nutrition support in everyday work**. It uses workplaces as platforms to improve diets through *healthy food access, nutrition education, health checks, and breastfeeding support*.

Tools & products

Implementation tools



2 scorecards

- formal sectors
- smallholder farmers



2 guidebook series

- formal sectors
- smallholder farmers



Masterclass

Evidence of impact



Peer-reviewed evidence from the field

Policy Integration



Research and frameworks to embed nutrition into labour systems and policies

Impact



6.7 million

people reached (2019-2026)

➔ Target: 10 million (2030)

Scorecard usage

	2021	2022	2023	2024	2026		
		23	43	48	55	70	70 countries
	14	30		67	100	106	106 global organizations
	87	223	344	475	605		605 complete assessments

Workers reached

+530k ♀ **41%**



79 improved worksites
(approx. **330k workers**)

A glance: How Workforce Nutrition drives real impact for workers?



32% reduction

in anemia prevalence
(Bangladesh, 2019-2021)

- Fortified lunch
- Iron-folic acid supplementation
- Behaviour change communication



35% increased

in women's diet diversity
(Malawi, 2020-2023)

- Fortified lunch
- Fortified maize flour
- Awareness campaigns



40% increased

in consumption of nutrient-dense vegetables
(Assam, 2020-2023)

- Local women go door-to-door to raise awareness
- Healthy Line Shops
- Involvement in community events



Uganda

partnership with the Office of the Prime Minister



Bangladesh

scaling factory and community nutrition models (Fair Price Shops)



Indonesia

multi-sector adoption and a pathway toward integration into occupational safety and health (OSH) and digital reporting systems



Ethiopia

expanding in garment and floriculture sectors